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A social researcher at the esteemed National Institutes of Health (NIH), brings a wealth of experience in health promotion-based research activities. Her expertise is further underscored by her role as one of the JPP-NIH Panel members at NIH. Her contributions extend beyond research, as she has published manuscripts for both quantitative and qualitative papers and conducts training and consultations, especially in qualitative research methods. She obtained her Master of Health Sciences in Health Education from Universiti Kebangsaan Malaysia.